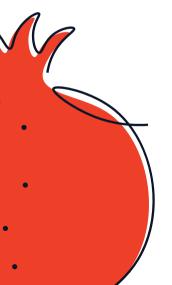
### BLEND THE PAST WITH THE PRESENT

A yearlong journey revealing the timeless magic of the Ancient Greek world



**PeopleCert** 

### WE WISH YOU A HAPPY AND PROSPEROUS 2024!



May you navigate the year with the timeless wisdom of Ancient Greece, exploring the unique celebrations each month has to offer.

Embrace the richness of these ancient traditions as you embark on your yearlong journey. Blend the past with the present by incorporating them into your everyday lives with a modern and creative twist.

May your year be filled with joyous festivities and a touch of ancient magic!

Όπως ἐνιαυτὸν ἀνακαλύψητε σοφία ἀειχρόνω τῆς ἀρχαίας Ἑλλάδος, διερευνᾶτε τὰς ἰδιαιτέρας ἐορτὰς ἐκάστου μηνός.

Άσπάζεσθε τὸν πλοῦτον τῶν ἀρχαίων ἐθῶν, ὡς πορεύησθε ἐτησίως καὶ συνάπτητε τὸ παρελθὸν μετὰ τοῦ παρόντος διὰ τῆς δημιουργικῆς ἐνσωματώσεως αὐτῶν ἐν τῆ καθημερινῆ ζωῆ ὑμῶν.

Έστω ό ένιαυτὸς ὑμῶν πλήρης χαρμοσύνων ἐορτῶν καὶ εὑδαιμονίας!



The Dionysia festival, dedicated to Dionysus, the god of wine, was a cornerstone of ancient Greek culture. It featured dramatic performances and competitions, setting stage for the evolution of theater as we know it today.



Kickstart the year with a cultural adventure! Explore performances at local theaters, catch the latest movies at the cinema, or discover a world of entertainment on streaming platforms.



θέατρον (théatron) < theatre

### **JANUARY**

01

SU	MO	TU	WE	TH	FR	SA
31	1	2	3	4	5	6
7	lew Year's Day	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	Education Day 31	1	2	3

## The Festival of Dionysia





Anthesteria was an ancient festival celebrating the arrival of spring, honoring Dionysus and the season's blooming flowers. In Ancient Athens, this event was marked by vibrant feasts and a deep appreciation for the beauty of nature.



Embrace the spirit of Anthesteria by engaging in your own springtime festivities like gardening, decorating your home with flowers, visiting flower markets, and taking time to connect with the natural beauty around you.



ἄνθος (ánthos) < anthology

#### **FEBRUARY**

02

SU	МО	TU	WE	TH	FR	SA
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	Gre 15	ek Language E 16	Day 17
18	19	20	21	22	23	24
25	26	27	28	29	1	2

### Anthesteria, The Festival of Flowers





In ancient times, pilgrims flocked to the sacred site of Delphi to seek guidance from the Oracle, a revered priestess of Apollo known for her prophetic powers. Delphi was not just a place of prophecy; it was a source of wisdom and spiritual insight.



Step into March as a contemporary pilgrim. Plan a visit to Delphi, a site rich in natural beauty and historical importance, where you can reflect, find inspiration, and perhaps gain a deeper understanding of your own path.



Catholic Faster

προφήτης (prophétes) < prophet

MA	MARCH								
SU	МО	TU	WE	TH	FR	SA			
25	26	27	28	29	1	2			
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27 Theatre Day	Poetry Day  28	29	30			
31	1	2	3	4		6			

## The Oracle at Delphi





The Olympic Games, held in Olympia every four years, were a testament to the athletic spirit of Ancient Greece. Athletes from across Greece would participate to demonstrate their skill and strength in sports such as running, wrestling, and more, fostering a spirit of excellence and fair play.



Channel your inner athlete by organising your own Olympic Challenge Day and gather your friends for a series of competitions. Whether it's racing, or other activities, embrace the essence of Ancient Greek athleticism and the values of healthy competition and camaraderie.

 $\sim$   $^{\prime}$ 



ἆθλος (áthlos) < athlete

APF	APRIL							
SU	МО	TU	WE	TH	FR	SA		
31	1	2	3	4	5	6		
7	8	9	10	11	12	13		
14	15	16	17	18	19	20		
21	22	23	24	25	26	27		
28	Eng 29	lish Language 30	Day 1	2	3	4		

## The Olympic Games Begin





In Ancient Athens, May was a time of gratitude and reverence. Citizens would offer the first fruits of the earth to the gods Apollo and Artemis during the festival of Thargelia as symbols of their thankfulness, while seeking divine protection and prosperity.



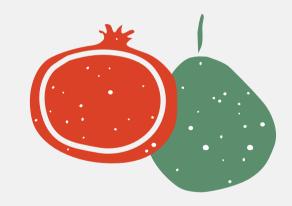
Dive into the rituals and traditions associated with this springtime celebration with a wine tasting, enjoying the flavors of the season and reflecting on the joy of new beginnings that spring represents.



σύμβολον (sýmbolon) < symbol

MA	1					05
SU	MO	TU	WE	TH	FR	SA
28	29	30	1	2	3	4
5	6	7	8	9	10	11
Orthodox Easter	13	14	15	Europe Day 16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

## Thargelia, The Festival of Apollo & Artemis





The Aphrodisia Festival was a vibrant celebration in honor of Aphrodite, the goddess of love, beauty, and fertility. Ancient Greeks marked this festival with religious rituals, parades, feasting, music, and dance competitions, all embodying the joys of love and life's renewal.



Bring the spirit of this festival into your life by creating lasting memories and strengthening bonds with your loved ones. You can connect the celebration of love to acts of compassion by volunteering or making charitable donations to causes you care about, spreading love beyond your personal relationships.



μοῦσα (moúsa) < music

JUNE 06

SU	МО	TU	WE	TH	FR	SA
26	27	28	29	30	31	1
2	3	4	5	6	7	Parents' Day
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

### The Aphrodisia Festival, a celebration of love





Panathenaia was the most magnificent annual festival in Ancient Athens, held in honor of the goddess Athena. This grand celebration was marked by ceremonial feasts, a majestic procession, athletic contests, and captivating musical performances, showcasing the cultural and religious fervor of the Athenians.



Rediscover Panathenaia blending creativity with education. Arrange an arts and crafts workshop where you and your friends or family, can create your own versions of Ancient Greek pottery and sculptures. Include a storytelling session focused on Greek mythology and philosophy.



μυθολογία (mythología) < mythology

JUL	JULY 07								
SU	МО	TU	WE	TH	FR	SA			
30	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31	Olympic G	ames Opening 2	Ceremony 3			
	ı	Friendship Day	<i>'</i>						

### Panathenaia, The Great Athenian Festival





The Nemean Games, a renowned Panhellenic sporting event, were said to be established by Heracles in honor of Zeus. Held in Nemea every two years, these games were a spectacle of physical prowess and skill, featuring events like horse-racing, wrestling, discus and spear-throwing, archery, and even musical contests.



Challenge yourself with a series of physical activities.
Organise a day of sports and games that mirror the events of these ancient games, such as running races and mock wrestling, paying tribute to the legendary feats of Heracles. You can even include artistic competitions reflecting the diverse nature of the Ancient Greek contests.



ἀγών (agón) < agony

AU	AUGUST							
SU	МО	TU	WE	TH	FR	SA		
28	29	30	31	1	2	3		
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
18	19 Humanitarian Day	20	21	22	23	24		
25	26	27	28	29	30	31		

### Nemean Games, A Tribute to Zeus





As autumn approaches, it brings to mind the Eleusinian Mysteries, a significant celebration dedicated to Demeter and Persephone, where initiated members participated in secret rituals to gain insights into the cycle of life, death, and rebirth.



In the spirit of the Eleusinian Mysteries and the autumn harvest, organise a feast that honors the bounty of the season. Prepare a meal with homegrown or locally sourced produce, celebrating the abundance that nature provides and connect with family and friends.



μυστήριον (mystérion) < mystery

SEP	SEPTEMBER							
SU	МО	TU	WE	TH	FR	SA		
1	2	3	4	5	6	7		
8	9	10	11	12	13	14		
15	16	17	18	19	20	21		
Democracy Day 22	23	24	25	26	27	28		
29	30	1	2	3	4			

# Eleusinian Mysteries, A Journey to the Underworld





A unique festival founded by the legendary hero Theseus to honor the god Apollo. The offerings included a special stew of boiled beans, grains, vegetables, and cereals, made by various Athenian households. The preparation of this dish was not just about cooking; it was a communal activity that culminated in a tradition of public feasting, bringing the community together in celebration and reverence.



Organise a themed feast in your own community or among friends and family including cooking competitions or food-themed challenges, where participants create dishes inspired by the ingredients used in the ancient stew.

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OCTOBED

γαστήρ (gastír) < gastronomy

OC	OCIOBER								
SU	МО	TU	WE	TH	FR	SA			
29	30	1	2	3	4	5 Teachers' Day			
6	7	8	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30	31	1	2			

### Pyanepsia, The Festival of the Cooks





The Lykaia festival, an ancient and mystic celebration, was held in honor of Zeus and took place in the Arcadian mountains. It was renowned for its enigmatic rituals and vigorous athletic competitions, drawing a deep connection between the participants and the untamed aspects of nature.



Consider planning a wilderness retreat to reconnect with nature. Choose a location that allows you to immerse yourself in the outdoors, with hiking, camping, or other nature-based activities, and experience the rejuvenating beauty of the natural world.

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φύσις (phýsis) < physical

NOVEMBER							
SU	МО	TU	WE	TH	FR	SA	
27	28	29	30	31	1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	<b>21</b>	22	23	
24	25	26	27	Philosophy Day 28	29	30	

### The Lykaia, A Wilderness Celebration





The Eiresione, a symbol of prosperity and abundance in ancient Greece, was an olive branch adorned with red and white wool and a variety of autumn fruits like figs, walnuts, chestnuts, pomegranates, quinces, and grapes. Children would carry the Eiresione from door to door, singing and bestowing wishes of prosperity and happiness upon each household.



Create your own Eiresione by decorating an olive branch with red and white wool, nuts and autumn fruits and hang it on your front door as a way to wish for prosperity and joy in the coming new year.



ἐλαία (elaía) < olive

DEC	DECEMBER							
SU	MO	TU	WE	TH	FR	SA		
1	2	3	4	5	6	7		
8	9	10	11	12	13	14		
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30	31	Christmas Day	2	3	4		

# Eiresione, The ancestor of the Christmas tree



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