

# ΓΝΩΘΙ ΜΑΘΩΝ

Μία ενιαύσιος πορεία έκφαινουσα  
την δια τῶν αἰῶνων ἀδιάλειπτον  
συνέχειαν τοῦ ἀρχαίου ἑλληνικοῦ  
κόσμου!


**TO KNOW DEEPLY IS  
TO UNDERSTAND FULLY**

A year-long journey revealing the timeless  
magic of the ancient Greek world!




# ΕΥΧΟΜΕΘΑ ΥΜΙΝ ΕΥΤΥΧΕΣ ΚΑΙ ΕΥΗΜΕΡΟΥΝ 2025!

**WE WISH YOU A HAPPY  
AND PROSPEROUS 2025!**

 Ἔγνων;  
Did you know?

 Γνωμικόν  
Dictum

 Ὁ μήν, ἐν τοῖς ἀρχαίοις ἐλέγετο  
The month, as known in ancient times  
/Προφορά/  
/Pronunciation/

Ὅπως ἐνιαυτὸν ἀνακαλύψῃτε σοφία ἀειχρόνων τῆς ἀρχαίας Ἑλλάδος, διερευνᾶτε τὰς ἰδιαιτέρας ἐορτὰς ἐκάστου μηνός.

Ἀσπάξεσθε τὸν πλοῦτον τῶν ἀρχαίων ἐθῶν, ὡς πορεύησθε ἐτησίως καὶ συνάπτητε τὸ παρελθὸν μετὰ τοῦ παρόντος διὰ τῆς δημιουργικῆς ἐνσωματώσεως αὐτῶν ἐν τῇ καθημερινῇ ζωῇ ὑμῶν.

Ἔστω ὁ ἐνιαυτὸς ὑμῶν πλήρης χαρμωσύνων ἐορτῶν καὶ εὐδαιμονίας!

May you navigate the year with the timeless wisdom of ancient Greece, exploring the unique celebrations each month has to offer.

Embrace the richness of these ancient traditions as you embark on your year-long journey. Blend the past with the present by incorporating them into your everyday lives with a modern and creative twist.

May your year be filled with joyous festivities and a touch of ancient magic!

## Διονύσια Dionysia



Τὰ Διονύσια (ιερά) ἑορτὴ ἀνατιθεμένη τῷ θεῷ Διονύσῳ, τῷ θεῷ τοῦ οἴνου, ἦν ὁ ἀκρογωνιαίος λίθος, αἱ κρηπίδες τοῦ ἀρχαίου ἐλληνικοῦ πολιτισμοῦ. Ἐν δὲ ταύτῃ τῇ ἑορτῇ ἐγίνοντο δραματικοὶ ἀγῶνες ἐπιδεικνύντων τῶν ποιητῶν τὰ αὐτῶν δράματα, θέντων τε τὰ τοῦ ἔως καὶ νῦν ζῶντος θεάτρου θεμέλια.

The Dionysia festival, dedicated to Dionysus, the god of wine, was a cornerstone of ancient Greek culture. It featured dramatic performances and competitions, setting stage for the evolution of theater as we know it today.



*Ἐν μόνον ἀγαθόν ἐστίν, ἡ ἐπιστήμη, καὶ ἓν μόνον κακόν, ἡ ἀμαθία. Σωκράτης*

There is only one good, knowledge, and one evil, ignorance. Socrates



## ΓΑΜΗΛΙΩΝ /ga.me:.li.'o :n/

Ἀπὸ τῆς ἑορτῆς «Γαμήλιω», δι' ἧς οἱ Ἀθηναῖοι ἐτίμων τὸν Ἱερὸν Γάμον τοῦ Διὸς καὶ τῆς Ἥρας. / Gamelia, the wedding feast to celebrate the marriage of Zeus and Hera.

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| 26 | 27 | 28 | 29 | 30 | 31 | 1  |

- 1 Πρωτοχρονιά / New Year's Day
- 6 Θεοφάνεια / Epiphany
- 24 Ἡμέρα Παιδείας / Education Day

# Ἀνθεστήρια

Anthesteria



**ΑΝΘΕΣΤΗΡΙΩΝ**  
/anthesté:ri.'o:n/

Προσεδέχοντο τὸ ἔαρ ἐορτάζοντες τὰ «Ἀνθεστήρια». /  
Anthesteria, a celebration welcoming spring.



Τὰ Ἀνθεστήρια (ιερά) ἦν ἐορτὴ ἀγομένη μηνὶ Ἀνθεστηριῶνι. Ἐπειδὴ δὲ ἡ γῆ τότε ἀρχεται τοῦ ἀνθεῖν, οἱ Ἀθηναῖοι ἐτίμων τὸν τε Διόνυσον καὶ τὴν τῶν ἀνθέων ὥρα, τὸ λαμπρὸν ἔαρ. Ἦγον δὲ ταύτην τὴν τοῦ ἔαρος ἐορτὴν ἀποσπένδοντες τῷ θεῷ ἐκ τοῦ νέου οἴνου καὶ πομπαῖς λαμπραῖς τε θυσίαις ἐπῆνον τὸ τοῦ θεοῦ σπήριον δῶρον καὶ τὸ τῆς φύσεως ἔξοχον κάλλος.

Anthesteria was an ancient festival celebrating the arrival of spring, honouring Dionysus and the season's blooming flowers. In Ancient Athens, this event was marked by vibrant feasts and a deep appreciation for the beauty of nature.

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*Οἱ πεπαιδευμένοι καθάπερ οἱ ἐκ παλαιστρας, κἂν πέσωσι ταχέως καὶ ἐπιδεξιῶς ἐκ τῆς ἀτυχίας ἀνίστανται. Πυθαγόρας*

Those who have education, like wrestlers, can – even after a fall – quickly and skillfully rise again from misfortune.  
Pythagoras

**9** Ἡμέρα Ἑλληνικῆς Γλώσσης / Greek Language Day  
Ἀρχὴ Τριωδίου / Beginning of Triodion

# Μαντεῖον ἐν Δελφοῖς

Oracle of Delphi



Τοῖς ἀρχαίοις χρόνοις, οἱ πιστοὶ συνέρρεον εἰς τὸ τοῦ ἐν Δελφοῖς ἱερὸν πευσόμενοι τί ἄμεινον σφίσις ἔσται. Ἐκεῖ δέ, εἰς τὸν ὀμφαλὸν τῆς γῆς, ἡ Πυθία, ἡ τοῦ θεοῦ προφητις, ἐδίδου τοὺς χρησμούς τοῦ Φοῖβου Ἀπόλλωνος. Οἱ Δελφοὶ οὐμόνον τόπος προφητείας ἦν, ἀλλὰ σοφίας τε καὶ ἐνοράσεως.

In ancient times, pilgrims flocked to the sacred site of Delphi to seek guidance from the Oracle, a revered priestess of Apollo known for her prophetic powers. Delphi was not just a place of prophecy; it was a source of wisdom and spiritual insight.



*Μηδὲν εἶναι μῆτε τέχνην ἄνευ μελέτης μῆτε μελέτην ἄνευ τέχνης. Πρωταγόρας*

Skill means nothing without practice and practice means nothing without skill. Protagoras



## ΕΛΑΦΗΒΟΛΙΩΝ

/e.la.pʰeː.vo.li.'o:n/

Ἀπὸ τῆς ἑορτῆς «Ἐλαφηβόλια» δι' ἧς ἐτίμων τὴν Ἐλαφηβόλον Ἄρτεμιν. / Elaphebolia, a festival in honour of Artemis Elaphebolos.

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3 Καθαρὰ Δευτέρα / Ash Monday

21 Ἡμέρα Ποίησης / Poetry Day

25 Ἡμέρα Ἑλληνικῆς Ἀνεξαρτησίας / Greek Independence Day

27 Ἡμέρα Θεάτρου / Theatre Day

## Όλυμπιακοί Αγώνες Olympic Games



Τὰ Ὀλύμπια ἱερά ἦν πενταετηρικοὶ ἀγῶνες, οἱ ἐτελοῦντο ἐν Ὀλυμπίᾳ τῷ Διί. Μετεῖχον ἀθληταὶ ἐξ ἀπάσης τῆς Ἑλλάδος, οἵτινες ἐπεδείκνυον ἐπιτηδιότητα καὶ ῥώμην εἰς τὰ ἀγωνίσματα τοῦ δρόμου, τῆς πάλης, τοῦ παγκρατίου καὶ πολλῶν ἄλλων ἀθλημάτων. Τὸ ἐπαθλον οὐκ ἦν χρήματα, ἀλλὰ στέφανος ἐλαίας, ὃς κότινος ὠνομάζετο.

The Olympic Games, held in Olympia every four years, were a testament to the athletic spirit of ancient Greece. Athletes from across Greece would participate to demonstrate their skill and strength in sports such as running, wrestling, and more, fostering a spirit of excellence and fair play. Winners were not awarded with money, but with a wild olive wreath called a "kotinos".



**Πειρώ τῷ μὲν σώματι εἶναι φιλόπονος, τῇ δὲ ψυχῇ φιλόσοφος. Ἰσοκράτης**

Strive to be diligent with your body, while being a philosopher in your soul. Isocrates



## ΜΟΥΝΙΧΙΩΝ /mu:.ny.khi.'o:n/

Ἀπὸ τῆς ἐορτῆς «Μουνίχια» δι' ἧς ἐτίμων τὴν Μουνιχίαν Ἄρτεμιν. / Mounichia, a festival in honour of Artemis Mounichia.

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**20** Καθολικὸν & Ὁρθόδοξον Πάσχα / Catholic & Orthodox Easter

**23** Ἡμέρα Ἀγγλικῆς Γλώσσης / English Language Day

## Θαργήλια Thargelia



**ΘΑΡΓΗΛΙΩΝ**  
/thar.ge:.li.'o:n/

Από τῆς ἑορτῆς «Θαργήλια» δι' ἧς ἐτίμων τὴν Ἄρτεμιν καὶ τὸν Ἀπόλλωνα. /  
Thargelia, a festival in honour of Artemis and Apollo.



Ἐν τῷ Θαργηλιῶνι μηνί, οἱ Ἀθηναῖοι ἐπεδείκνυον τὴν ἀνυπέρβλητον αὐτῶν εὐγνωμοσύνην καὶ εὐλάβειαν τοῖς θεοῖς, ἀνατιθέμενοι τῷ Ἀπόλλωνι καὶ τῇ Ἀρτέμιδι τὰς ἀπαρχὰς τῶν καρπῶν. Ἄγοντες δὲ οἱ Ἀθηναῖοι τὰ Θαργήλια (ιερά) ἠύχοντο τοῦτοις τοῖς θεοῖς γενέσθαι αἰτίους τῆς εὐμερίας αὐτῶν.

In the month of Thargelia, the Athenians demonstrated their gratitude and reverence to the gods by dedicating the first fruits of their harvest to Apollo and Artemis. While celebrating the Thargelia, the Athenians fervently prayed to these deities, seeking divine protection and prosperity.

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1 Πρωτομαγιά / Labour Day

9 Ἡμέρα Εὐρώπης / Europe Day



*Ὅστις νέος ὦν Μουσῶν ἀμελεῖ, τὸν τε παρελθόντα ἀπόλωλε χρόνον καὶ τὸν μέλλοντα τέθνηκε. Εὐριπίδης*

Whoever neglects the arts when he is young has lost the past and is dead to the future. Euripides

# Αφροδίσια

Aphrodisia



## ΣΚΙΡΟΦΟΡΙΩΝ

/ski.ro.pʰo.ri.'o:n/

Από της έορτης «Σκιροφόρια» δι' ἥς ἐτίμων τὴν Δήμητρα. /  
Skirophoria, a festival in honour of Demeter.



Τὰ Ἀφροδίσια (ιερά) ἐτελοῦντο τῇ Ἀφροδίτῃ. Ἡ Ἀφροδίτη ἦν θεὰ τοῦ ἔρωτος, τοῦ κάλλους καὶ τῆς εὐγονίας. Οἱ ἀρχαῖοι Ἕλληνες ἐτίμων ἐξόχως τὴν Ἀφροδίτην τελοῦντες λαμπρὰς πομπάς, πανηγύρεις, ἐορτὰς μετὰ οἰνοποσίας καὶ ἀγῶνων χοροῦ. Πάντα δὲ ταῦτα ἔπαινος ἦν τῶν τοῦ βίου ἀγῶν ἀπολαύσεων καὶ τῆς χαριέστερης ἀνανεώσεως τούτου, τῇ τῆς Ἀφροδίτης θαυμαστῇ ἐνεργείᾳ.

The Aphrodisia festival was a vibrant celebration in honour of Aphrodite, the goddess of love, beauty, and fertility. Ancient Greeks marked this festival with religious rituals, parades, feasting, music, and dance competitions, all embodying the joys of love and life's renewal.

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1 Ἡμέρα Γονέων / Parents' Day



**Οὐ γὰρ ἀργύρῳ καὶ χρυσῷ μακάριον τὸ θεῖον οὐδὲ βρονταῖς καὶ κερανοῖς ἰσχυρόν, ἀλλ' ἐπιστήμη καὶ φρονήσει. Πλούταρχος**

God's greatness is not in silver and gold, nor in thunder and lightning but in knowledge and wisdom. Plutarch



# Παναθήναια

Panatheneea



Τὰ Παναθήναια ἦν ἡ σπουδαιότερα τῶν ἐν Ἀθήναις ἐορτῶν καὶ ἐτελεῖτο τῇ θεᾷ Ἀθηνᾷ. Πανηγύρεις, πομπαί, δραματικοί τε καὶ ἀθλητικοὶ ἀγῶνες ἐπεδείκνυον τὴν τῶν Ἀθηναίων εὐλάβειαν τῇ πολιούχῳ αὐτῶν θεᾷ. Τοῖς δὲ νικήσασι ἐδίδουσαν ἔλαιον ἐκ τῶν ἱερῶν μοριῶν.

Panatheneea was the most magnificent annual festival in ancient Athens, held in honour of the goddess Athena. This grand celebration was marked by ceremonial feasts, a majestic procession, athletic contests, and theatrical performances, all reflecting the Athenians' profound devotion to their patron goddess. Victorious participants were awarded sacred olive oil from revered holy olive trees.



*Οὔτε τέχνη οὔτε σοφίη ἐφικτὸν ἦν μὴ μάθῃ τις.  
Δημόκριτος*

Neither skill nor wisdom can be achieved without learning. Democritus



## ΕΚΑΤΟΜΒΑΙΩΝ

/he.ka.tom.ve.'o.n/

Ἀπὸ τῆς ἐορτῆς «Ἐκατόμβαια» δι' ἧς ἐτίμων θυσίας βοῶν τὸν Δία καὶ τὸν Ἀπόλλωνα. / Hekatombaia, a festival during which they honoured Zeus and Apollo by sacrificing cattle.

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30

Ἡμέρα Φιλίας / Friendship Day

## Νέμεα Αγώνες Nemean Games



Τὸν ἀγῶνα τῶν Νεμέων ὑφ' Ἡρακλέους τεθεῖσθαι φασιν ἐπὶ τῇ τοῦ λέοντος ἀναιρέσει καὶ ἀναθέσθαι τῶ Νεμεαίῳ Διί. Οἱ ἀγῶνες, ἵππικοί τε καὶ γυμνικοί, ἤγοντο ἐν Νεμέα καὶ ἦσαν ἀγῶνες τριετηρικοί. Ὁ δὲ στέφανος τῶν νικητῶν ἐκ χλωρῶν ἐπλέκετο σελίνων.

The Nemean Games, a renowned Panhellenic sporting event, was said to be established by Heracles in honour of Zeus. Held in Nemea every two years, these games were a spectacle of physical prowess and skill, featuring events like horse racing, wrestling, discus and spear throwing, archery, and even musical contests. The victors were crowned with wreaths made of wild celery.



*Ὀλβιος ὅστις ἱστορίας ἔσχε μάθησιν. Εὐριπίδης*

Happy is one who has learned from history. Euripides



## ΜΕΤΑΓΕΙΤΝΙΩΝ /me.ta.ji.tni'on/

Ἀπὸ τῆς ἐορτῆς «Μεταγεῖτνια» δι' ἧς ἐτίμων τὸν Μεταγεῖτνιον Ἀπόλλωνα. / Metageitnia, a festival in honour of Apollo – the god who protected the arrival and departure of neighbours to one's house.

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15 Κοίμησις Θεοτόκου / Assumption Day

19 Ἡμέρα Ἀνθρωπισμοῦ / Humanitarian Day

## Ἐλευσίνια Μυστήρια

### Eleusinian Mysteries



Τοῦ δὲ μετοπώρου προσιόντος φραζόμεθα τὰ ἐν Ἐλευσίνι Μυστήρια, τὴν τῇ Δήμητρι ἀνατιθεμένην ἐξάαιρετον ἑορτήν, ἵνα πάντες οἱ μύστα μετεῖχον τῶν μυστικῶν τελετῶν, ὅπως κτήσωνται γνῶσιν περὶ τοῦ κύκλου τῆς ζωῆς, τοῦ θανάτου καὶ τῆς πνευματικῆς ἀναγεννήσεως.

As autumn approaches, it brings to mind the Eleusinian Mysteries, a significant celebration dedicated to Demeter. Initiated members participated in secret rituals to gain insights into the cycle of life, death, and rebirth.



*Οὐδὲν ἄλλο ἔχουσα ἐς Αἴδου ἢ ψυχὴ ἔρχεται πλὴν τῆς παιδείας καὶ τροφῆς. Πλάτων*

The soul enters Hades carrying nothing else except its education and upbringing. Plato



## ΒΟΗΔΡΟΜΙΩΝ

/vo.i.ðro.mi'on/

Ἀπὸ τῆς ἑορτῆς «Βοηδρόμια» δι' ἧς ἐτίμων τὸν Βοηδρόμιον Ἀπόλλωνα. / Boedromia, a festival during which they honoured Apollo Boedromios.

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| 28 | 29 | 30 | 1  | 2  | 3  | 4  |

15 Ἡμέρα Δημοκρατίας / Democracy Day

## Πυανέψια Pyanepsia



Τὰ Πυανέψια (ιερά) ἦν σπουδαία ἑορτὴ τῶν Ἀθηναίων, ἣν ἀνέθηκε τῷ θεῷ Ἀπόλλωνι ὁ Θησεύς. Θάψας γὰρ τὸν πατέρα αὐτοῦ, Αἰγέα, τῷ Ἀπόλλωνι τὴν εὐχὴν ἀπεδίδου τῇ ἑβδόμῃ τοῦ Πυανεψιώνος ἡμερέων. Τότε δὲ ἐψησας παντοδαπῶν ὀσπρίων ἐγένετο διὰ τὸ σωθέντας αὐτοὺς εἰς ταῦτο συμμειῖσαι τὰ περιόντα τῶν σιτίων, καὶ μίαν χύτραν κοινῇ ἐψήσαντας συνεστιαθῆναι καὶ συγκαταφαγεῖν ἀλλήλοις.

A unique festival founded by the legendary hero Theseus to honour the god Apollo. After burying his father, Aegeus, Theseus fulfilled his vow to Apollo on the seventh day of the month Pyanepsion. On this occasion, a stew of all kinds of pulses was prepared, symbolizing the Athenians' survival by mixing together the remnants of their provisions. They cooked everything in a single pot, shared a communal meal, and ate together in a spirit of unity.



**Τάχιστον νοῦς· διὰ παντὸς γὰρ τρέχει.** Θαλῆς ὁ Μιλήσιος

Intellect is the swiftest of things as it runs through everything. Thales of Miletus



## ΠΥΑΝΕΨΙΩΝ /py.a.nep.si.'o:n/

Ἀπὸ τῆς ἑορτῆς «Πυανέψια» δι' ἧς ἐτίμων τὴν Ἄρτεμιν καὶ τὸν Ἀπόλλωνα. / Pyanepsia, a festival in honour of Artemis and Apollo.

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**5** Ἡμέρα Διδασκάλων / Teachers' Day

**28** Ἡμέρα τοῦ ΟΧΙ / "No" Day

## Λύκαια

Lykea



Τὰ Λύκαια (ιερά) ἦν παλαιαφότος τις καὶ μυστηριακὴ ἑορτὴ ἀνατιθεμένη τῷ Λυκαίῳ Δίῳ, ἐν τῇ Ἀρκαδίᾳ ἀγομένη, εἰς τὸ ὄρος Λύκαιον. Ἐν ταύτῃ τῇ ἑορτῇ ἐγίνοντο θυσίαι καὶ πολλοὶ ἀγῶνες ἀνδρῶν τε καὶ παιδῶν, οἵτινες συνέδεον τοῖς ἀγωνιζομένοις μετὰ τῶν ἀδμήτων δυνάμεων τῆς φύσεως.

The Lykea festival, an ancient and mystic celebration, was held in honour of Zeus and, held in Arcadia on Mount Lykaion. It was renowned for its enigmatic rituals and vigorous athletic competitions, drawing a deep connection between the participants and the untamed aspects of nature.



*Λέων μὲν ὄνυξι κρατεῖ, κέρασι δὲ βοῦς, ἄνθρωπος δὲ νῶ.  
Ἀναξαγόρας*

The lion prevails with its claws, the ox with its horns, and the humans with their minds. Anaxagoras



## ΜΑΙΜΑΚΤΗΡΙΩΝ

/me.mak.ti.ri'on/

Ἀπὸ τῆς ἑορτῆς «Μαιμακτήρια» δι' ἧς ἐτίμων τὸν Μαιμάκτην Δία. / Maimakteria, a festival in honour of Zeus Maimaktes.

| K  | Δ  | T  | T  | Π  | Π  | Σ  |
|----|----|----|----|----|----|----|
| S  | M  | T  | W  | T  | F  | S  |
| 26 | 27 | 28 | 29 | 30 | 31 | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 1  | 2  | 3  | 4  | 5  | 6  |

17 Ἐπέτειος Ἐξέγερσης τοῦ Πολυτεχνείου / Athens Polytechnic Uprising Anniversary

21 Ἡμέρα Φιλοσοφίας / Philosophy Day

# Εἰρεσιώνη

Eresione



ΠΟΣΕΙΔΕΩΝ

/po.si.de'on/

Ἀπὸ τῆς ἑορτῆς «Ποσειδεα» δι' ἧς ἐτίμων τὸν Ποσειδῶνα. / Poseidea, a festival in honour of Poseidon.



Ἡ εἰρεσιώνη, τῇ ἀρχαίᾳ Ἑλλάδι σύμβολον ἦν εὐημερίας καὶ ἀφθονίας. Κλάδος ἐλαίας ἦν ἀνεστεμμένος λευκῶ τε καὶ ἐρυθρῶ ἐρίῳ, καὶ ἔμπλεως καρπῶν παντοδαπῶν. Οἱ παῖδες φέροντες ἐν χερσὶ τὴν εἰρεσιώνην ἐπορεύοντο πρὸς τὰς οἰκίας καὶ ἤδον τὸ ἄσμα, ὅπερ ἐκαλεῖτο εἰρεσιώνη, εὐχόμενοι εὐτυχίαν καὶ εὐθηνίαν ἀγαθῶν τοῖς ἐν τῷ οἴκῳ καὶ λαμβάνοντες ὅσα καὶ ποικίλας ὀπώρας.

The Eresione, a symbol of prosperity and abundance in ancient Greece, was an olive branch adorned with red and white wool and a variety of autumn fruits. Children would carry the Eiresione from door to door, singing and bestowing wishes of prosperity and happiness upon each household, while they were offered food and various fruits in return.

| K  | Δ  | Τ  | Τ  | Π  | Π  | Σ  |
|----|----|----|----|----|----|----|
| S  | M  | T  | W  | T  | F  | S  |
| 30 | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | 1  | 2  | 3  |

25 Χριστούγεννα / Christmas Day



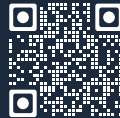
*Σοφοῦ πρὸς ἀνδρὸς, ὅστις ἐν βραχεῖ πολλοὺς καλῶς οἰός τε συντέμνειν λόγους. Εὐριπίδης*

A wise person is someone who can express themselves precisely. Euripides

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